

Dragon Tales

Alconbury Middle/High School

NEWSLETTER

Issue 10 October 29, 2010

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“Quality Not Quantity”

Quality Through:

Rigor - challenging curriculum and instruction

Relevance - assignments with a purpose

Relationships - mutually respectful interactions

Upcoming Events: **Oct 29** Tennis @ Europeans
Oct 30 Cross Country @ Europeans
Football v. Rota 1300 hrs
Volleyball @ ACS Cobham
Oct 31 TIME CHANGE – Turn clocks back 1 hour (British Summer Time Ends)
Nov 4 End of 1st Quarter
Nov 5 No School for students – Teacher Work Day

Messages to Students during the Day

Parents/Sponsors: Please make arrangements for after school plans in the mornings before your student comes to school. We have many parents calling to get messages to their children during the day. It disrupts class time and causes additional work for everyone involved. If it cannot be helped and it is necessary to give your child a message, they will receive the message at the end of the school day. Thank you for your cooperation in this matter.

From the Counselor

Attention students with outstanding academic records and strong leadership skills-think about applying for one of the following full-tuition scholarships offered by Boston University.

- Trustee Scholarship - Boston University's most prestigious scholarship recognizes outstanding academic performance and leadership ability.
- Dr. Martin Luther King, Jr. Scholarship - recognizes students who have embraced the ideals of Dr. King and who have demonstrated a strong commitment to social justice and community involvement. Students must also present very strong academic records.
- Alexander Graham Bell Scholarship - recognizes students with strong math and science abilities who have the potential to thrive at BU's College of Engineering.
- The School of Education Presidential Scholarship - for academically gifted students who will be the teachers of tomorrow.

All applications, essays, and required forms are due by **December 1, 2010**, except for the Presidential Scholarship, which has a deadline of January 1, 2011. To learn more about the requirements of these scholarships and other merit awards offered by BU, please visit

<http://www.bu.edu/admissions/apply/costs-aid-scholarships/scholarships/>

Lakenheath College Night -Tuesday, **November 30th**, 2010 from 6:00 p.m. to 8:00 p.m.

Location: School Cafeteria

Lakenheath High School has invited Alconbury High School to attend their College Night. This event is being held during dead week- so there are no sports practices on this evening. We are sadly unable to provide transportation to Lakenheath for this event but students are encouraged to car pool. We hope that you will take this great opportunity to explore different colleges and universities.

AVID

AVID STRATEGIES FOR SUCCESS

Taking Notes: Some Tips on Discussion Notes

HOW TO TAKE DISCUSSION NOTES

<i>Incorporate discussion topics/questions</i>	<ul style="list-style-type: none">• <i>use the topics and questions posed by discussion leaders to guide the content of notes</i>• <i>use symbols to indicate questions / ideas that seem to carry weight or significance and consider the discussion leader's purpose in emphasizing them</i>• <i>incorporate a variety of responses into notes; consider and react to the various responses during review of notes</i>• <i>generate questions to inject into the discussion or review later with other students, tutors and / teachers</i>• <i>incorporate references to lecture / textbook and other material as they come to mind</i>
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Check out the next issue of the Dragon Tales to see a sample of *Taking Notes: Some Tips on Film Notes*

Football

This Saturday our Alconbury Dragons will host our first playoff game in quite some time...we will be taking on the Rota Admirals at our football stadium.

Game time is 1:00. GO DRAGONS!!

Tennis

The Dragon Tennis Team had a tough loss to ISB, losing 4 to 14. Taylor Malcolm won the 2nd seed singles, 8-6, and Cameron Perdomo won at the 6th seed 8-6. The top three boys and girls are in Germany to compete in the European Championship.

Volleyball

The Lady Dragon volleyball team traveled to Menwith Hill this past weekend, but both the varsity and JV were defeated. The varsity faced a loud and fired up Menwith Hill crowd, but fought hard, losing in 4 games. The JV showed great improvement and played their best volleyball of the season, but lost to the Menwith Hill varsity team in 2 games. Maddy Zitka again lead the Dragons with 5 kills and 1 ace. Savanna Fourhman also played well at the net, scoring 3 kills and 2 blocks. Ashley Steele added 3 aces and Ashley Uballe had 2 kills and 2 aces. For the JV Lashay Williams-Acon had 3 kills and Jemma Matthews had one. The varsity Dragons travel to ACS Cobham this weekend for a 1-day tournament and then will travel to Europeans on Nov 2nd.

Attachments:

Lunch Menu:

1	2	3	4	5
Hamburger on a Bun Cheese Pizza Dippers or Grilled Cheese Nic Nac Chicken Salad w/Crackers Chicken Fryz Veggie Wrap Deli Roasters Steamed Broccoli Mandarin Oranges Melon Fruit Cup	Breakfast Panini Cheese Omelet w/Sausage Chicken Fillet Salad w/Crackers Ham Salad w/Crackers Tuna Wrap Deli Roasters Montego Bay Veggie Blend Fruit Cocktail Fresh Sliced Apples	Philly Cheese Sandwich Pepperoni Pizza Turkey Salad w/Crackers Hotdog on a Bun Mexican Chicken Salad w/Crackers Garden Side Salad Steamed Carrots Fresh Fruit Cup Applesauce Whole Fruit Juice Bar	Chicken Patty on a Bun Meatball Sub Sandwich Chef Salad w/Crackers Turkey Wrap Ham Submarine w/Crackers Sweet Potato Wedges Spinach & Tomato Salad Chilled Pears Juicy Orange Wedges Italian Pasta Salad	Teacher Work Day No School for Students

If you have any questions about our school policies or comments you would like the principal to know, please contact Dr. White using the following email address: AlconburyHS.Principal@eu.dodea.edu or Dr. Ronald McIntire, Isles District Superintendent at DSN226-7234/7252/7224.; or COM 01638-527234/7252/7224.