

Dragon Tales

Alconbury Middle/High School

NEWSLETTER

Issue 12 November 12, 2010

Unit 5570 Box 60

APO AE 09470

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“Quality Not Quantity”

Quality Through:

Rigor - challenging curriculum and instruction

Relevance - assignments with a purpose

Relationships - mutually respectful interactions

Upcoming Events: **Nov 15** Winter Sports meeting for Parents and Students 1800-1900hrs in Large Gym
Nov 16 Fall Sports Awards Night 1830hrs Large Gym
Nov 17 Junior Information Night 1830hrs AMHS Library
Nov 19 Parent Teacher Conferences – No school for students

From the Principal

We would like to invite all parents to attend conferences with your child(ren)'s teachers on Friday, November 19th. Teachers will be available to meet with you from 8:20am- 11:20am and then again from 12:00pm- 3:15pm. Report cards were mailed out earlier this week to the addresses we have on file, so you should have received them by now. If not, please contact the school.

Please take the opportunity to provide DoDEA with feedback by completing the Customer Satisfaction Survey. This survey provides valuable feedback to DoDEA from its most important customers - students and parents - about the quality of education it provides and areas needing improvement. The survey is available at the following link from November 1 thru December 15.

http://www.eu.dodea.edu/news/1011/101029a_survey.php

Special Thanks

I would like to thank the JROTC staff and students that represented Alconbury Middle High School at the Veterans Day ceremony at Madingley American Cemetery in Cambridge. We would also like to wish them the best at the drill meet tomorrow at Lakenheath.

Accelerated Withdrawal due to PCS

Please contact Mrs. Cloum if your student(s) is leaving Alconbury Middle/High School. An acceleration request must be made 4 weeks prior to the student's last day of school. Acceleration only applies to students who are PCSing and who have orders, and will be leaving before the end of the 1st semester. (January 27th) All class work must be turned in two days prior to withdrawal from school. December 16th is the earliest date a withdrawal may be made for full credit of the semester. The student must be in school all day on December 15th. Please contact Mrs. Cloum if you have any questions.

Student Absences

Please remember to call the school (DSN: 268-3769 or Commercial: 01480 843 769) to report if your student(s) will be absent or tardy for the day. It is very important that we have 100% accountability every day for students and we are getting an increasing number of students that are absent or late without parents notifying the school.

Fraser Picture Retake Proofs

The retake picture proofs have arrived and have been returned to students. Please send in your order to the office by Thursday, Nov. 18th to receive your pictures soonest. After this date, you will need to mail your order in to Fraser direct.

From the Counselor

Attention Juniors and their Parents

In a little under one short year, your 11th grader will be starting their last year in High School. Is your child prepared? Do you or your junior know what you should do this fall to prepare for the senior year? Did you know there are certain things that should be done in the spring prior to the senior year if your child is going to apply early for schools in the fall of the senior year? If you would like the answers to these questions and more please come to the Alconbury HS Library at 5:30 on Wednesday, November 17th. We will meet for about an hour to discuss some of the following:

- When should my junior take the SAT or ACT for the first time
- How can my junior improve their SAT or ACT scores
- How many times should my junior take the SAT or ACT
- Which test should my junior take- SAT or ACT
- Application procedures and date lines
- Scholarship information-academic and sports
- The importance of a good recommendation letter-when to have them written
- When should my junior start applying for schools
- Current trends in students attending junior/2 year colleges and community colleges
- Is GPA and rank really that important
- Should my junior take the ASVAB even if they don't plan on joining the military
- How do we pay for college and what is FAFSA

From the AVID Department- See Attachment

From the Athletic Director:

There will be a mandatory informational meeting for any student and their parents wishing to participate in winter sports this coming Monday (11/15) evening in the large gym from 6:00 to 7:00 p.m.

From the Football Coaches:

The Alconbury Dragons Football Team came up short in their efforts to win back to back DIII Championships. The Dragons lost a tough game to Sigonella 19-12 this past Saturday. The Dragons finished the season with a 5-2 record. Kerey Kuheana once again led the Dragon attack with 199 yards rushing and one touchdown. JJ Black scored the other touchdown for the Dragons. The defense played tough and shut down the Sigonella offense to give the Dragons a chance to win it on their last drive. Congratulations to the football team for a very good season and making back to their 3rd straight European Championships.

From the Volleyball Coach:

The Lady Dragon Volleyball team finished the season with a win on Saturday taking 3rd at the European Championships in Germany. The girls finished first in their pool on Thursday with a 3 and 1 record. On Friday, they beat Incirlik in the quarterfinals but lost a heart-breaker to Menwith Hill in 4 games Friday afternoon. The Dragons rallied on Saturday morning to beat Sigonella for 3rd place. Maddie Zitka led the Dragons with 30 kills, 5 aces and 1 block for the tournament. Savanna Fourhman was not far behind with 27 kills and 5 blocks, Ashley Steele logged 20 kills and 7 aces and Ashley Uballe had 15 kills and 12 blocks. Maddie Zitka and Ashley Uballe were named to the All-Tournament team. Ashley Goluba, Emily Luong, Hailey Sorensen and Riley Sorensen all played their best volleyball of the season. Congratulations Lady Dragons!

Attachments:

- AVID Department information

Lunch Menu:

15 Corn Dog Lasagna w/Bread Stick Nic Nac Chicken Salad w/Crackers Chicken Fryz Veggie Wrap Montego Bay Veggie Blend Cauliflower Chilled Peaches Melon Fruit Cup	16 Chicken & Cheese Quesadilla Wafflewich Breakfast Sandwich Ham Salad w/Crackers Chicken Fillet on a Bun Asian Chopped Salad w/Crackers Deli Roasters Romaine & Tomato Salad Mandarin Oranges Fresh Slice Apples Blueberry Muffin	17 Beef & Broccoli Bowl Turkey & Veg Egg Roll Turkey Salad w/Crackers Hotdog on a Bun Mexican Chicken Salad w/Crackers Steamed Carrots Garden Side Salad Fruit Cocktail Fresh Fruit Cup Brown Rice	18 Chicken Drumsticks or Chicken Tenders Beef Ravioli Chef Salad w/Crackers Turkey Wrap Ham Submarine Green Beans Sweet Potato Wedges Applesauce Banana Chocolate Chip Cookie/Dinner Roll	19 Turkey Panini Ranch Ham/Cheese Wrap Chicken Fillet Salad w/Crackers Cheese Salad w/Crackers Tuna Wrap Broccoli, Carrots & Cauliflower Carrots & Celery w/FF Dip Juicy Orange Wedges Chilled Pears Whole Fruit Juice Bar
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If you have any questions about our school policies or comments you would like the principal to know, please contact Dr. White using the following email address: AlconburyHS.Principal@eu.dodea.edu or Dr. Ronald McIntire, Isles District Superintendent at DSN226-7234/7252/7224.: or COM 01638-527234/7252/7224.

AVID STRATEGIES FOR SUCCESS

Taking Notes: Some Tips on Studying With Notes

HOW TO STUDY WITH NOTES

<i>make use of the format</i>	<ul style="list-style-type: none">• <i>spread out or hold notes so that right side of page is covered; review ideas and answer study questions from the left-hand column; use right-hand specifics as an answer key</i>• <i>engage in oral quiz with others using study questions from the left-hand column</i>• <i>cover the right-hand column of specifics with blank paper; write out answers to the left-hand study questions and explanations of main ideas</i>
<i>write</i>	<ul style="list-style-type: none">• <i>write summaries of the most important material in the notes</i>• <i>write summaries of material as yet unlearned</i>• <i>write anticipated test questions beyond those already in the left-hand column and write answers to the questions</i>
<i>review</i>	<ul style="list-style-type: none">• <i>look over notes frequently to keep information and questions still unanswered fresh in mind</i>• <i>recite information from notes</i>• <i>exchange notes with others to flesh out information and understanding</i>• <i>use notes in study groups to provide a common ground of material for reference and review</i>

Check out the next issue of the Dragon Tales to see what **SLANT** is all about.