

Dragon Tales

Alconbury Middle/High School

NEWSLETTER

Issue 15 December 3, 2010

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“Quality Not Quantity”

Quality Through:

Rigor - challenging curriculum and instruction

Relevance - assignments with a purpose

Relationships - mutually respectful interactions

Upcoming Event: Dec 3 Basketball @ Brussels
Dec 4 Wrestling @ home 1000hrs
Dec 7 Financial Aid Night 1730hrs AMHS Library
Dec 8 National History Day Presentations – see info below

From the Counselor

December 7th - Financial Aid Night-5:30-6:30 in the AHS Library – Information on financing university. Toni Geronimo our resident expert in Financial Assistance will walk you through this process. We will also have a guest speaker from Florida State University- the LONDON campus (yes that is right- FSU has a London campus!) who will talk about their unique program that helps bridge the transition to university!

National History Day Open House

Parents! You are invited to attend the Alconbury Middle/High School National History Day Open House on Wednesday, Dec 8th, from 13:45 – 15:00. Many students in both middle and high school history classes have worked incredibly hard and would like to share with members of the community what they have accomplished. There will be an “open forum” where parents and community members can browse through the projects starting at 13:45 followed by the awards ceremony at 14:30. Please join us! If you have questions and/or if you would like to help provide cookies for the event, please email susan.payne@eu.dodea.edu

From the JROTC Department

The Alconbury High School Varsity Rifle Team is hosting a Turkey Shoot from 10 am to 2 pm at the JROTC building on Saturday, Dec. 11th. Come out and contribute \$5 for 10 shots to win a turkey. All proceeds will go to the AHS Dragon Rifle Team.

Junior/Senior Auction

Thank you for making last year’s Junior/Senior Auction a success with your donations and participation! We have also appreciated your feedback and suggestions of ways that we can make the auction better. One of the suggestions we received was to hold the auction in December instead of March. This year’s auction will be on December 10th in the small gym from 5-7. We will start with a viewing period and hors d’ouerves (thank you Ms. Raass-Dana, Ms. Pisierra, Ms. Buan and Ms. Beltran for your help with that!), and distribute items from 6:30 on. Here are some of the donations we have received thus far:

Holiday decorations and wrapping gift basket

Movie night baskets

Homemade jam baskets

Swarovski jewelry baskets
Fitness DVDs baskets
TV box set baskets
Pampering basket
Gift certificate for treatments at Cambridge Regional College's Beauty Salon and Spa

We will send out an updated list of items in next week's Dragon Tales.

Again, thank you for your contributions!

Please feel free to contact either of us for more information. Amy Heimburger, Sponsor, Class of 2011 amy.heimburger@eu.dodea.edu Janina Klimas, Sponsor, Class of 2012 janina.klimas@eu.dodea.edu

Student Council Toys for Tots Drive

'Tis the season for giving and the Alconbury Student Council would like your help. In conjunction with the annual Toys for Tots Drive, the Student Council will be collecting new unwrapped toys between December 6th and December 17th. To sweeten the act, all students that bring a new unwrapped toy to the Jingle Bell Bash on December 17th will get \$1 off the entrance fee. In addition, for every toy a student brings in they will get one ticket toward our prize drawing at the dance. Middle School dance will be 5-7 pm and High School will be 7:30-9:30 pm in the small gym. There will be music, a pie eating contest, cookie decorating, prizes and more. Not able to attend the Jingle Bell Bash? No worries! Bring in a new unwrapped toy to the office and still get your tickets in the drawing. The more toys you bring the better your chances of winning. So come on Dragons, let's get those toys in for our tots in the community!!

From the AVID Department

AVID STRATEGIES FOR SUCCESS

Preparing for a Test: 6 Things to Do (#4-6)

4. Find out What Kind of Test Will be Administered.

- a. Will it be objective, multiply choice, matching, true-false, or fill-in-the-blank questions?
- b. Review past tests to see what kinds of tests have been given.
- c. If you study in a group, be sure to study with the best students you can. Study Areas You Are Weak in First.
- d. Don't try to cram everything in the Night Before – Your brain can take in only so much at once.
- e. Allow yourself at least two or three review / study sessions.

While reviewing, make notes of facts that might show up on the test.

5. If you have done all of the things:

- a. Try to relax a bit immediately before the test. All the hard work is already done!
- b. The night before the test, act as if you're getting prepared for an athletic competition.
 1. Get plenty of rest and sleep the night before the test.
 2. Get up in plenty of time the next morning so you won't feel rushed.
 3. Eat a light and nutritious breakfast so your energy won't be low.

6. At test time

- a. Read the test carefully. Don't Guess What a Direction or Question means - take time to Read It!
- b. Decide which part of the test needs more time.
- c. Look for the Items that Are Worth The Most Points!
- d. Stop and Think before you begin to write.
- e. Keep track of Time as you take the test. Halfway through the test time, you should be about halfway through the test.

Check out the next issue of the Dragon Tales for **Other Test Taking Tips**.

Attachments:

Lunch Menu:

6 Soft Taco w/Cheese Grilled Cheese Sandwich Nic Nac Chicken Salad Meat Nachos w/Cheese Sauce Turkey Caesar Wrap Sweet Kernel Corn Steamed Broccoli Chilled Pineapples Craisins	7 Chicken & Cheese Quesadilla Blackbean Burger on a Bun Ham Salad Chicken Fillet on a Bun Asian Chopped Salad Deli Roasters Romaine & Tomato Salad Juicy Orange Wedges Fresh Sliced Apples Blueberry Muffin	8 Chicken & Mashed Potato Bowl Ham & Cheese Sandwich Turkey Salad Hotdog on a Bun Grilled Chicken Caesar Green Beans Montego Bay Veggie Blend Chilled Peaches Fresh Seasonal Fruit Oatmeal Cookie/Dinner Roll	9 Hearty Pasta Bake w/Dinner Roll Turkey Club Panini Chef Salad Cheese Pizza Chicken Tender Wrap Flame Roasted Potato Medley Cucumber & Carrots w/FF Dip Applesauce Banana	10 Mozzerella Sticks Chicken Tenders w/Dinner Roll Chicken Fillet Salad Baked Potato w/Cheese Tuna Salad Garden Salad Deli Roasters Chilled Pears Fresh Fruit Cup Fruited Jello
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If you have any questions about our school policies or comments you would like the principal to know, please contact Dr. White using the following email address: AlconburyHS.Principal@eu.dodea.edu or Dr. Ronald McIntire, Isles District Superintendent at DSN226-7234/7252/7224.: or COM 01638-527234/7252/7224.