

Dragon Tales

Alconbury Middle/High School

NEWSLETTER

Issue 9 October 22, 2010

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“Quality Not Quantity”

Quality Through:

Rigor - challenging curriculum and instruction

Relevance - assignments with a purpose

Relationships - mutually respectful interactions

Upcoming Events: **Oct 23** Cross Country, Football, & Volleyball @ Menwith Hill

Tennis @ ISB (Brussels)

ACT Test @ AMHS

Oct 27 School Picture Retake Day

Messages to Students during the Day

Parents/Sponsors: Please make arrangements for after school in the mornings before your student comes to school. We have many parents calling to get messages to their children during the day. It disrupts class time and causes additional work for everyone involved. If it cannot be helped and it is necessary to give your child a message, they will receive the message at the end of the school day. Thank you for your cooperation in this matter.

From the Counselor

Lakenheath College Night -Tuesday, **November 30th**, 2010 from 6:00 p.m. to 8:00 p.m. **(date change)**

Location: School Cafeteria

Lakenheath High School has invited Alconbury High School to attend their College Night. This event is being held during dead week- so there are no sports practices on this evening. We are sadly unable to provide transportation to Lakenheath for this event but students are encouraged to car pool. We hope that you will take this great opportunity to explore different colleges and universities.

Math Help

Need help with math? Do you like to use the computer? Check this out!

A website that can help students enhance their math scores: www.purplemath.com

Spirit Wear Now On Sale!

The Booster Club is now selling t-shirts (long & short sleeved). Sweatshirts and more beanies still to come. You may buy t-shirts by coming to the main office. Short sleeve t-shirts are \$15.00 and long sleeve t-shirts are \$20.00. Show your Dragon Spirit!

School Pictures

Please turn in orders & payment before Oct. 27th so you will receive your pictures back soonest. Picture retake is Oct. 27th for all 6th graders and for anyone that has signed up in the office for a retake.

From the AVID Department

Please see the attachment for this week's AVID strategies.

Football

The Alconbury Dragons Football Team started slowly against Brussels this past weekend but came out strong in the second half for a convincing 48-20 win. Taylor Williamson started things off by blocking a punt and then recovering it in the end zone for a touchdown. Kerey Kuheana ran for 192 yards and 3 touchdowns and Jeff (J.J.) Black ran for 164 yards and 3 touchdowns. Kerey Kuheana and Beau Hocoever led the defense with 10 plus tackles, each. Kerey, Gavin Maltais and Cameron Hlatky-Hall all picked up an interception to help hold back the Brussels offense.

Tennis

The Dragon Tennis Team beat Brussels this past Saturday, 14 to 4, with the girls winning 9 to 0 and the boys winning 5 to 4. Ashley Hand, Taylor Malcolm, Nichole Pisierra, Lia Caverly, and Caitlin Cash all won their singles matches. Ashley Hand and Taylor Malcolm teamed up to win the 1st seed doubles while Nichole Pisierra and Lia Caverly won the 2nd seed doubles 8-5 after being down 2 to 5. For the boys, Joel Fourhman, Cameron Perdomo, and Isaiah Beltran all won their singles matches. Matthew Thrasher and Joel Fourhman teamed up to win the 1st seed doubles while Cameron Perdomo and Adam Jimmo won the 3rd seed doubles, 8-5. The Tennis Team will travel to ISB next weekend.

Volleyball

The Lady Dragon volleyball team lost to Brussels and Shape this weekend. Against Brussels, the Lady Dragons had opportunities, but could not convert them, losing to Brussels in a 5-game match. They then faced a very tough Shape team and lost in 3 games. For the day, Maddy Zitka had 10 kills, 2 aces & 4 blocks. Savanna Fourhman had 6 kills. Ashley Goluba added 6 kills and 3 aces, while Ashley Steele had 4 kills, 3 aces and 1 block. The Lady Dragons will try and rebound on Saturday when they travel to Menwith Hill.

Attachments: AVID Strategies
CSI Meeting Minutes

Lunch Menu:

25 Baked Chicken or Chicken Drumsticks Blackbean Burger on a Bun Nic Nac Chicken Salad w/Crackers Meat Nachos w/Cheese Sauce Turkey Caesar Wrap Flame Roasted Potato Medley Sweet Kernel Corn Chilled Pineapples Craisins Dinner Roll	26 Pepperoni Pizza Chicken Fillet on a Bun Ham Salad w/Crackers Hamburger Sliders ABC Salad w/Crackers Carrot & Celery w/FF Dip Tomato & Cucumber Salad Melon Fruit Cup Fresh Sliced Apples	27 Spaghetti w/Meat Sauce & Bread Stick Turkey Sandwich Chicken Caesar Salad w/Crackers Hotdog on a Bun Turkey Salad w/Crackers Green Beans Garden Side Salad Chilled Pears Fresh Fruit Cup Whole Fruit Juice Bar	28 BBQ Riblets w/Dinner Roll Breaded Chicken Chunks w/Dinner Roll Chef Salad w/Crackers Chicken Tender Wrap Deli Roasters Steamed Broccoli Chilled Peaches Banana	29 Lasagna w/Garlic Toast Fish Sticks or Turkey Panini Chicken Fillet Salad w/Crackers Baked Potato w/Cheese Tuna Salad w/Crackers Steamed Carrots Green Beans Applesauce Juicy Orange Wedges Blueberry Muffin
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If you have any questions about our school policies or comments you would like the principal to know, please contact Dr. White using the following email address: AlconburyHS.Principal@eu.dodea.edu or Dr. Ronald McIntire, Isles District Superintendent at DSN226-7234/7252/7224.: or COM 01638-527234/7252/7224.

Agenda
CSI Leadership Meeting
Tuesday, October 12, 2010

Present: Mrs. Cash- parent, Jessica Mitchell, Amy Heimbürger, Jack Centofanti, Dr. White- Principal, Tammie Grimmage, Kyle Siftar, Brent Cogswell, Gary Bartimus, Mrs. O'Connell- parent, Mrs. DeWitt- parent, Julianna Pisierra- Student rep, Chloe Boven- student rep, Lydia Wilson, Mr. DeWitt- parent.

Talk about PreQAR visit which will be Monday and Tuesday, October 18th and 19th

Food arrangement: Coffee, Drinks, Nibbles, Lunch.

Breakfast, Day 1- Terri, Lunch Booster Club

Breakfast, Day 2- Lynn, Lunch Booster Club

Coffee pot Terri

Official school accreditation visit is scheduled for 1st week in May. Do we want to request an earlier date?

AP testing first week in May. Won't have time to process.

Unanimously voted to request an earlier date.

(An earlier date has been requested and they can come the week of April 25th instead)

SAR binders

- 1- Vision and Purpose: Kyle Operational in everything except 2 indicators.
- 2- Governance and Leadership: Jessica Many highly functional and operational.
- 3- Teaching and Learning: Lydia many highly functional and some operational.
- 4- Documenting and using Results: Amy 17 indicators- checked operational for all but 2 which were emerging.
- 5- Resources and support systems: Gary- staffing, Highly functional. Auditing system, All administrative questions, 10 questions- all operational except 1 highly functional.
- 6- Stakeholder communications and relationships: Brent and Jack- Operational across the board. Get POC for email communications to go out to Molesworth.
- 7- Continuous School Improvement Process- 2 highly functional, 4 operational.

We need to display student work which demonstrates the use of the interventions.

Use the TROAC rubric in the classroom.

Seminar competition of CSI stuff with class prizes.

At each faculty meeting, go over one or two standards between now and when we are visited so all faculty are familiar with them.

Talk about possible interview questions.

Next meeting is November 8th at 3:15

AVID STRATEGIES FOR SUCCESS

Taking Notes: Some Tips on Textbook Notes

HOW TO TAKE LECTURE NOTES

<i>be an active reader</i>	<ul style="list-style-type: none">• <i>think about the reading</i>• <i>consider the ways that portions of the text relate to the text as a whole; think about how the text relates to ideas from lectures, discussions and other subjects</i>• <i>generate questions (e.g., about the meaning of new words, terms, about why portions of the text are italicized or underlined, about why emphasized points are important)</i>• <i>examine and understand the significance of visuals (e.g., diagrams, graphs, charts, photos, artwork)</i>
<i>be aware of textbook organization</i>	<ul style="list-style-type: none">• <i>look for the pattern of elements like chapter/subsection headings, summary points, graphics</i>• <i>know where to find the index and glossary</i>
<i>use the style of the text to identify important points</i>	<ul style="list-style-type: none">• <i>become familiar with the typefaces, symbols, borders, graphics and page layout that highlight main ideas and key terms</i>
<i>be alert to the writer's stance</i>	<ul style="list-style-type: none">• <i>some texts persuade as well as inform readers; when applicable, highlight ideas/references/opinions that seem significant to the writer's point of view</i>
<i>take notes while reading</i>	<ul style="list-style-type: none">• <i>incorporate chapter headings, key terms, meaningful examples, important graphics</i>• <i>write only the important ideas: make it brief</i>• <i>paraphrase the text to capture meaning and reduce volume</i>• <i>use symbols to highlight significant material and/or areas for further study</i>• <i>use headings/subheadings and review questions within the text to generate study questions and main ideas for the left hand column of notes</i>• <i>incorporate original questions raised by the text into notes</i>
<i>review textbook notes</i>	<ul style="list-style-type: none">• <i>develop study questions and identify main ideas</i>• <i>look up and add definitions of new words/terminology</i>• <i>identify information that is unclear and or questions that need to be answered; write and mark questions in the text of notes or at the end where they be easily found; get answers to the questions from other students, the teacher or other texts</i>• <i>add symbols to highlight important ideas and key words</i>• <i>delete irrelevant information</i>• <i>incorporate cross references to other texts/notes</i>• <i>write a summary of the significant ideas</i>

Check out the next issue of the Dragon Tales to see a sample of ***Taking Notes: Some Tips on Discussion Notes***