

Dragon Tales

ALCONBURY MIDDLE HIGH SCHOOL NEWSLETTER

FROM THE PRINCIPAL

How quickly we are into the third week of school! We are excited to work with each of your students and are in constant discussion about how we can assist each student to reach his/her potential. The administrators and counselors meet each Wednesday morning to discuss student progress and to review students' grades, and we are committed to student success. Beginning next week, a counselor or administrator will meet with each student who has grades below 70%. The purpose of this time is to assist the student in identifying areas of concern and to prioritize seminar time until the student's grades improve. Students will also be required to eat lunch in the cafeteria, where we will have staff ready to monitor and assist with studying and assignments. As a parent, you are a key component in your child's success, and we will be in contact with you, seeking to form a circle of support around your student. Some of the support you can provide may include the following:

- Check GradeSpeed with your student and help your student to set academic goals. (Note that teachers update GradeSpeed on Tuesday evenings.)
- Encourage your student to meet with teachers during seminar to ensure mastery of concepts.
- Use available homework help resources like Homework Club (Mondays, Wednesdays, and Thursdays), Tutor.com, and Khan Academy (www.khanacademy.org).
- Set aside standard study times and places and eliminate distractions.
- Keep in contact with your student's teachers.

Know that we are dedicated to academic excellence and will work diligently to help each Alconbury student meet success. We look forward to partnering with you in this endeavor.

Ms. Sandra Daniels, Principal

UPCOMING EVENTS

VOLLEYBALL JAMBOREE: Saturday, September 15
ALCONBURY VS. LAKENHEATH & MENWITH HILL

Varsity Volleyball Matches in the Large Gym

1000 Lakenheath vs Alconbury

1200 Menwith Hill vs Lakenheath (may start earlier if game ends early)

1400 Menwith Hill vs Alconbury (may start earlier if game ends early)

JV Game at the Youth Center 1300 Alconbury vs Opponent TBD

CROSS COUNTRY: Saturday, September 15
VS. LAKENHEATH & MENWITH HILL at the base track

11:00 Middle School Race

11:30 Girls Varsity Race

12:00 Boys Varsity Race

DRAGON SOCIAL - CAFETERIA Friday, September 21
A great way to socialize with old friends and new!

ISSUE 4
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Ms. Sandra Daniels
Principal

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*“Quality
Not Quantity”*

Quality Through:

RIGOR

Challenging
curriculum and
instruction

RELEVANCE

Assignments with
a purpose

RELATIONSHIPS

Mutually respectful
interactions



SAFETY AT SPORTING EVENTS

Student safety is always foremost in our minds, both during the school day and at school-sponsored events. To ensure everyone's safety at sporting events, it is necessary for all participants, including spectators, to observe the following guidelines:

- Spectators must sit in the stands/bleachers or, at events at the base field, in safe zones away from the field of play and the athletes.
- Only athletes and coaches will be allowed in the team-designated area.
- Spectators must not play side games in end zones or on the track.
- Children must remain under the supervision of adults. They should not play under the bleachers, on stored equipment, or in unsafe areas. At the school, they may not play in the small gym.

We hope these guidelines will keep everyone safe and enhance enjoyment of the events!

NEEDED: BOARD GAMES

Are you cleaning out cabinets? Do you have spare board games appropriate for middle-school-age students? If so, our middle school teachers would very much appreciate your donation. Board games can be brought to the main office. Thank you!

EMERGENCY CONTACT INFORMATION

Please make sure all of your contact information is up-to-date with the main office. It is extremely important that we have valid contact information in order to keep your students safe.

IMMUNIZATION DEADLINE SEPT. 25

RAF Upwood has now restocked and the immunization(s) your child needs. Per DODEA guidelines all children enrolled in school will have 10 calendar days to become compliant once availability is confirmed. Therefore, the deadline for compliance is COB Tuesday September 25, 2012. RAF Upwood immunization clinic is open every Tuesday and Thursday from 9-11 and 1-4 on a walk-in basis.

TUTOR.COM

All DoDEA students continue to be entitled to free homework help and online tutoring from expert tutors in more than 16 subjects in math, science, social studies, and English – including AP classes.

All children attending DoDEA schools are eligible to use the program -- even if their parents are not serving in the U.S. Military. Tutor.com provides complimentary access for non-military students because we want 100% of students in every DoDEA classroom to have access to the program. Visit tutor.com for more details.

CLASS RINGS & LETTER JACKETS

Karen from the Balfour company will be at our school on Tuesday and Wednesday, September 25th and 26th to take orders for Class Rings and Letter Jackets. She will be available in the entryway to the HS from 11:00-15:30. Order forms are available in the main office.

Home of the Dragons!

PSAT/SAT/ACT TESTING

SOPHOMORES & JUNIORS

PSAT is just around the corner

Wednesday, October 17th

8:30 a.m.-11:20.

8TH AND 9TH GRADERS

are encouraged to take the PSAT but will have to pay a fee of \$15.00 by Sept 17th. Please send a check made out to the Student Activity Fund or cash with your child's name to the counselor- Mrs. Mitchell. Remember the last day to register for 8th or 9th grade is Sept. 17th!!!

SOPHOMORE/JUNIOR & SENIOR STUDENTS AND PARENTS

To help prepare our students we have an exciting opportunity for all students who will take the PSAT, SAT or ACT!

SEPTEMBER 26TH

5:30-7:30

IN THE MEDIA CENTER

Mr Behr and Mr. Rausch will present a test prep night here at Alconbury! It is free to all participants!! Space is limited so if you are a sophomore, junior or senior you will have priority but the seats fill up fast. Send in your request to attend as soon as possible to Mrs. Mitchell-counselor. Don't miss out- sign up now!

HOMEWORK CLUB

Meets after school each week on Monday, Wednesday and Thursday in Room 19. For more information contact Ms. Rocha 01480 843 335 DSN: 268-3335

MS DRAGON CLUB

Alconbury Middle School Dragon Club Coming Soon! The MS Dragon Club will be an after school Fitness and Sports Club run by Coach Black. It is open to all middle school students who want to come out and stretch their legs, learn more about fitness and play some games. Dates and times will vary but will be announced weekly in the Dragon Tails and in the student morning announcements.

FREE & REDUCED LUNCH PROGRAM

If you are E-6 and below, or have more than three people in your household, or you are a single income family, you are likely to qualify for free or reduced lunches. Form 400 is attached for your convenience. If you have questions, contact Kurt Miller, School Liaison Officer, at DSN: 268-3232 or 01480 843 232. Email: schoolliaison.alconbury@alconbury.af.mil.

ATHLETIC DEPARTMENT - TEXTILE RECYCLING FUNDRAISER

We will be collecting textiles (clothes, belts, shoes, bedding, rags/towels, curtains, soft toys, handbags) for recycling through Oct 1. You can include textiles that are old, worn, torn, stained, etc. We will get paid by the trash bag (not weight), so please fill as many trash bags as possible and drop off at AHMS. You can drop off Monday – Friday at the school between the hours of 7:30 – 16:30.

We appreciate your support of the AMHS Athletic Department!

CHILD FIND

is a DoDDS program that actively seeks to locate and identify children and youth, ages: birth through 21 years of age, who may have developmental delays or educational disabilities and may need special education and related services. Child Find activities, when conducted in the school, may include teacher observations, parent observations, and conferences to discuss your child's strengths and needs. These activities may lead to a formal process designed to further explore ways to assist your child. This process may ultimately result in a recommendation for your child to receive special education services. If you have a concern about your child, please contact Mrs. Black at 268-3335 and she can provide you with information about Child Find.

Attachments:

BALFOUR FLYER
CDC & SAP MEMO
FINANCIAL AID MEETING
BOOSTER CLUB BROCHURE
FREE LUNCH APPLICATION



Home of the Dragons!

If you have any questions about our school policies or comments you would like the principal to know, please contact Ms. Daniels at: AlconburyHS.Principal@eu.dodea.edu

LUNCHES MENU

MONDAY - September 17

Meatball Sub
Chicken & Veggie Alfredo
Vegetable Alfredo (V)
Turkey Salad
Peas • Carrot Sticks
Orange Wedges • Pineapple
Banana Bread

TUESDAY - September 18

Southwest Taco Bowl
Chicken Parmesan
Beef or Black Bean Tacos (V)
Mexican Chicken Salad
Steamed Zucchini & Squash
Green Beans
Apple Slices • Peaches

WEDNESDAY - September 19

Chicken Fryz
Philly Cheese Steak Sub
Buffalo Chicken Wrap
Pierogy Salad (V)
Garden Salad
Sweet Potato Crinkles
Grapes
Mandarin Oranges
Banana Bread

THURSDAY - September 20

Hamburger
Grilled Ham & Cheese
Chicken or Chik'n Patty (V)
Sandwich
Craisie Turkey Apple Salad
Baked Beans
Steamed Carrots
Banana • Applesauce
Oatmeal Raisin Cookie

FRIDAY - September 21

Cheese Pizza (V)
Pepperoni Pizza
Chicken & Mini Dumplings
Ham Salad
Broccoli
Tomato & Cucumber Salad
Fresh Fruit • Peaches
Fruit Swirl Cup

School lunches are \$2.55 and additional entrees are \$1.25. Parents are welcome to join their students for lunch and eat for \$5.

Top up accounts at: <http://www.shopmyexchange.com/Community/Schoollunch/>, AAFES exchange or in the cafeteria.