

# Dragon Tales

ALCONBURY MIDDLE HIGH SCHOOL NEWSLETTER

## FROM THE PRINCIPAL

This coming week, Alconbury's JROTC cadets will lead a ceremony of remembrance in recognition of the heroes and victims of the 9/11 attacks on the United States of America. Each year, the JROTC unit recognizes a specific component of the emergency response forces. This year they will recognize medical personnel and will honor the members of the 423rd Medical Squadron.

We are proud of our cadets for their leadership and their preparation for this event. The ceremony reminds each participant of the value of freedom and the sacrifices that must be made to ensure that the liberties we enjoy endure for generations. To that end, we are most appreciative of our nation's military personnel and the choice each individual has made to serve. The Alconbury Community is invited to participate in the ceremony, which will take place in front of Alconbury Middle High School at the flagpole, beginning at 0830 on Tuesday, September 11.

*Ms. Sandra Daniels, Principal*

## UPCOMING EVENTS

**ATHLETIC DEPT. TEXTILE FUNDRAISER** August 27 through October 1

**FOOTBALL: ALCONBURY VS. BAUMHOLDER** - Sat, Sept 8, 1:00pm

**MEET THE DRAGONS** - Monday, September 10, 5:30pm Large Gym

**DRAGON SOCIAL - CAFETERIA** Friday, September 21

A great way to socialize with old friends and new! Details to come.

**VOLLEYBALL JAMBOREE:** Saturday, September 15

**ALCONBURY VS. LAKENHEATH & MENWITH HILL**

Varsity Volleyball Matches in the Large Gym

1000 Lakenheath vs Alconbury

1200 Menwith Hill vs Lakenheath (may start earlier if game ends early)

1400 Menwith Hill vs Alconbury (may start earlier if game ends early)

JV Game at the Youth Center 1300 Alconbury vs Opponent TBD

**CROSS COUNTRY:** Saturday, September 15

**VS. LAKENHEATH & MENWITH HILL** at the base track

11:00 Middle School Race

11:30 Girls Varsity Race

12:00 Boys Varsity Race

## CLASS RINGS & LETTER JACKETS

Karen from the Balfour company will be at our school on Tuesday and Wednesday, September 25th and 26th to take orders for Class Rings and Letter Jackets. She will be available in the entryway to the HS from 11:00-15:30. Order forms are available in the main office.

ISSUE 3  
September 7, 2012

Ms. Sandra Daniels  
Principal

Dr. Sandra Whitaker  
Assistant Principal

Phone: 01480 843 769  
DSN: 268 3769  
Fax: 01480 843 183

Unit 5570 • Box 60  
APO AE 09470

*“Quality  
Not Quantity”*

*Quality Through:*

### RIGOR

Challenging  
curriculum and  
instruction

### RELEVANCE

Assignments with  
a purpose

### RELATIONSHIPS

Mutually respectful  
interactions



## HOMEWORK CLUB

Meets after school in Room 19.

Monday, Sept. 10, Wednesday, Sept. 12 & Thursday, Sept. 13

For more information contact Ms. Rocha 01480 843 335 DSN: 268-3335

## ADD/DROP DEADLINE

Tuesday, September 11th is the last day to submit paperwork to drop or add a class. After the 11th students will not be permitted to switch classes until 2nd semester- this is a DoDEA policy.

## CREATIVE CONNECTIONS

Classes are offered in Visual Arts, Drama, Strings, Video Production, Dance, Percussion, and Show Choir. TIME IS SHORT---applications are due to Mr. Claassen no later than September 15! Visual artists, please see Ms. Mitchell as soon as possible for your application details. Music or drama courses, please see Mr. Claassen. Dancers and videographers need to see Ms. Grimmage. Don't delay....apply TODAY!!!!

## ATHLETIC DEPARTMENT - TEXTILE RECYCLING FUNDRAISER

Moving? Fall Cleaning? Fall is the perfect time to get rid of old clothing and support the school's athletic department! We will be collecting textiles (clothes, belts, shoes, bedding, rags/towels, curtains, soft toys, handbags) for recycling from August 27 to Oct 1. You can include textiles that are old, worn, torn, stained, etc. We will get paid by the trash bag (not weight), so please fill as many trash bags as possible and drop off at AHMS. You can drop off Monday – Friday in the front office between 7:30 – 16:30.

*We appreciate your support of the AMHS Athletic Department!*

## CHILD FIND

is a DoDDS program that actively seeks to locate and identify children and youth, ages: birth through 21 years of age, who may have developmental delays or educational disabilities and may need special education and related services. Child Find activities, when conducted in the school, may include teacher observations, parent observations, and conferences to discuss your child's strengths and needs. These activities may lead to a formal process designed to further explore ways to assist your child. This process may ultimately result in a recommendation for your child to receive special education services. If you have a concern about your child, please contact Mrs. Black at 268-3335 and she can provide you with information about Child Find.

Attachments:  
BALFOUR FLYER



## Home of the Dragons!

If you have any questions about our school policies or comments you would like the principal to know, please contact Ms. Daniels at: [AlconburyHS.Principal@eu.dodea.edu](mailto:AlconburyHS.Principal@eu.dodea.edu)

## LUNCHES MENU

### MONDAY- September 10

BBQ Port Riblets  
Baked Chicken  
Bean & Rice Burrito (V)  
Craisin Turkey Apple Salad  
Baked Beans • Garden Salad  
Orange Wedges • Pineapple  
Whole Grain Dinner Roll

### TUESDAY - September 11

Broccoli Cheese Minis (V)  
Corn Dog  
Lasagna  
Tuna Wrap  
Snap Peas  
Cucumber & Carrot Sticks  
Apple Slices • Pears  
Chocolate Chip Cookie

### WEDNESDAY - September 12

Cheese Omelet or Sausage Patty  
French Toast Sticks  
Turkey or Veggie Wrap (V)  
Deli Roasters  
Broccoli  
Grapes • Mandarin Oranges

### THURSDAY - September 13

Tuna Sub  
Hot Dog  
Baked Mozzarella Sticks (V)  
Fajita Chicken Salad  
Steamed Carrots • Green Beans  
Banana • Apple Sauce  
Carrot Bread

### FRIDAY - September 14

Buffalo Chicken Bites  
Chicken Bites  
Chik'N Nuggets (V)  
Ham Salad  
Mashed Potatoes/Dinner Roll  
Fresh Veggie Bowl  
Broccoli, Cauliflower & Carrots  
Fresh Fruit • Fruit Cocktail  
Fruit Swirl Cup

School lunches are \$2.55 and additional entrees are \$1.25. Parents are welcome to join their students for lunch and eat for \$5.

Top up accounts at: <http://www.shopmyexchange.com/Community/Schoollunch/>, AAFES exchange or in the cafeteria.

## Balfour is coming!!

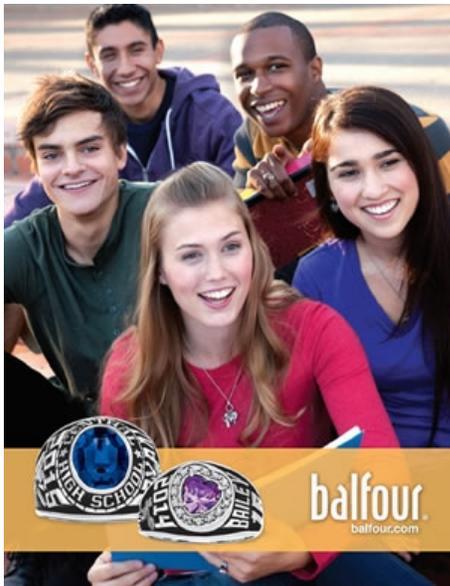
Karen from the Balfour company will be at school on Tuesday and Wednesday, September 25<sup>th</sup> and 26<sup>th</sup> to take orders for Class Rings and Letter Jackets.

She will be available in the entryway to the HS from 11:00-15:30.

You can download the class ring brochure, price list and order form as well as the Letter Jacket flyer/order form and patch flyer at:

<http://www.balfourinternational.com/brochures/>

We look forward to seeing you all and please don't hesitate to contact [Karen@balfourinternational.com](mailto:Karen@balfourinternational.com) should you have any questions!



karen burbach-barker | international representative | **balfour international** |  
9 river way; shipston-on-stour; cv36 4rd; england | direct: 01608-662040